Certainly! In a nutshell, **backend development** refers to the part of a website or software that users don’t directly see. [It encompasses server-side programming, databases, and handling data behind the scenes1](https://www.codecademy.com/resources/blog/what-is-back-end/)[2](https://techterms.com/definition/backend).

Here are **five free resources** where you can learn more about backend development:

1. [**Codecademy’s Introduction to Back-End Programming**](https://www.codecademy.com/learn/introduction-to-back-end-programming): Explore the building blocks of back-end web architecture and server-side components.
2. [**freeCodeCamp’s Backend Web Development with Python**](https://www.freecodecamp.org/news/backend-web-development-with-python-full-course/): A comprehensive course for absolute beginners covering Python and Django.
3. **Java Training**: A full course for beginners to learn Java, a popular language for backend development.
4. **Learn PHP and MySQL Tutorial**: Dive into PHP and MySQL, essential tools for backend development.
5. **C# Full Course**: Explore C#, another powerful language used in backend development.

Remember, backend development involves creating, managing databases, and building server-side software. It’s an exciting field with plenty to explore! 🚀